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INFORMATION,
PREVENTION AND
TREATMENT REFERRALS, AND
OTHER RESOURCES ARE
AVAILABLE 24 HOURS A DAY
FROM THE MASSACHUSETTS
SUBSTANCE ABUSE
INFORMATION AND
EDUCATION HELPLINE/
THE MEDICAL FOUNDATION.

800-327-5050
(TOLL-FREE; MULTI-LINGUAL)
TTY: 617-536-5872
WWW.HELPLINE-ONLINE.COM

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ADDITIONAL INFORMATION
AND STATISTICS ARE
AVAILABLE FROM:

- Massachusetts Youth Health Survey, October 2002
www.state.ma.us/dph/bsas
- Massachusetts Youth Risk Behavior Survey
www.doe.mass.edu/hssss/yrbs/01/results.pdf
- National Center on Addiction and Substance Abuse at Columbia University
www.casacolumbia.org
- Monitoring the Future, Overview of Key Findings 2002
www.monitoringthefuture.org
- Office of National Drug Control Policy
www.whitehousedrugpolicy.gov
- Parents. The Anti Drug
www.theantidrug.com
- Partnership for a Drug-Free America
www.drugfreeamerica.org
- U. S. Department of Health and Human Services
www.health.org

Be the first to **TALK WITH YOUR PRE-TEEN**
about ALCOHOL, TOBACCO, and other DRUGS

INFORMATION FOR FAMILIES

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CLUB DRUGS

► **WHAT ARE THEY?**

- Wide variety of mind-altering drugs sometimes used at all-night dance parties (raves); includes Ecstasy (MDMA), Rohypnol, GHB (gammahydroxybutyrate).
- Looks like white powder, tablets, capsules, clear liquid, or suppository
- Can be taken orally, injected, inhaled, used in suppositories, snorted, added to marijuana or tobacco, or mixed in drinks
- Also called ex, roofies, date rape drug, adam, essence, hug, beans, or love drug

► **STATISTICS**

- The number of teens trying Ecstasy has increased 71% since 1999.
- 4% of 8th graders report having used Ecstasy at least once.

► **RISKS**

- The risks of using specific club drugs may vary. For more information see <http://store.health.org/catalog/facts.aspx?topic=13>
- Risks increase when used with alcohol
- May be put in an unsuspecting person's drink in order to commit sexual assault
- May be laced with other harmful substances
- Death, coma, brain damage, stroke, seizures
- Vomiting, shaking, confusion, blurred vision, depression, anxiety, paranoia, sometimes weeks after drug is taken
- Poor memory and learning
- Increased heart rate and blood pressure; sharp increase in body temperature
- Addiction

► **WHAT TO LOOK FOR**

- Confusion, depression, sleep problems, anxiety, loss of appetite, excessive thirst
- Tense muscles, clenched teeth, rapid eye movement, faintness, chills, sweating
- Pacifiers (for teeth clenching)

CLICK
HERE
FOR

**SOURCES
OF
STATISTICS**